

**SAI RAM SISTERS AND BROTHERS OF
SRI SATHYA SAI BABA CENTRE OF CALGARY**

**SALUTATIONS AND HUMBLE PRANAMS AT THE
LOTUS FEET OF
BHAGAWAN SRI SATHYA SAI BABA**

Schedule for December 4, 2016 & Venue:

Hindu Mandir Calgary
2225 24th Avenue N.E.
Calgary T2E 8M2
[\(403\) 291-2551](tel:4032912551)

Bal Vikas: 2:00 – 3:45pm

Parents please ensure your children are available at the Centre by 2:00PM so that the final practice session can start on time.

Dynamic Parenting Workshops: 2:15 – 3:45pm

Dynamic Value Parenting (DVP) workshop. Participants please bring the DVP course manual that was provided to you.

Bhajans: 3:55 – 5:00pm

Arathi and Concluding Prayers

Announcements:

1. Food Bank Collection – Our Centre has started to collect items for the Calgary Food bank as there is a huge shortage of emergency items for children and adults. We kindly request the devotees to bring some non-perishable canned veggies, pasta, sauce, baby diapers, juice etc. We will setup a drop box to collect these items and will be dropped off at the Food bank regularly.

Upcoming Events:

Please mark your calendars for the following upcoming events at the Sri Sathya Sai Baba Centre of Calgary.

Event Name	Day and Date
<p>Seva Activity at Calgary Drop-in Centre</p> <p><u>Vegetarian Menu:</u> Mac 'n Cheese with Chef's Choice of a Salad/Bun/Vegetables.</p> <p><u>Activity:</u></p> <p>1. <u>Kitchen Prep Work:</u> 10 Volunteers Required from 10 to 11:30 AM</p> <p>2. <u>Lunch Service:</u> 12 Volunteers required from 11:30 AM to 1 PM</p>	<p>Saturday, December 10th</p> <p><u>Location:</u> Calgary Drop-In & Rehab Centre Society 1 Dermot Baldwin Way SE Calgary, AB T2G 0P8</p> <p>Phone:403-699-8277</p> <p>If you are interested then please click the link below and add your name.</p> <p>https://docs.google.com/spreadsheets/d/1EqJ9y-zcjb4Qh2pKikazpTpDR1Tr5sZ5sJ67EmMK9Q/edit?usp=sharing</p>
<p>Centre Closed on December 11th</p>	<p>Please note that our Centre will be closed on December 11th as there is a Seva Activity on 10th that requires more than 20 devotees</p>
<p>Christmas Celebrations</p>	<p>Sunday, December 18th. Balvikas kids present Christmas Carols/Songs</p>
<p>Centre Closed during Christmas Holidays</p>	<p>Centre will be closed for the Christmas season after December 18th and will re-open on January 8th, 2017.</p>

The human heart is very soft when it is young. It responds to grief and pain in fellow beings. It is the example of elders, the lessons they receive from parents, the company they get into and the training they get in school and society that harden these hearts into stone! Keep those hearts soft. Share with others their grief and their joy. Do not be jealous when others are happier or appreciated or rewarded with prizes. Emulate their hard-working nature, pray for a higher share of intelligence or a sharper memory, but never give room to envy and malice in your hearts. Envy is a deadly poison, it will contaminate your character, ruin health and rob you of peace. Like a pest that destroys growing crops, envy enters slyly and spreads quickly causing rampant damage. So, even in small matters, be vigilant to ensure you do not fall a prey to envy. Be unaffected by envy (*anasuya*) and you can please God.

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Sri Sathya Sai Baba Centre of Calgary

www.sathyaicalgary.org

Love All, Serve All - Help Ever, Hurt Never

There is only One Religion;
The Religion of Love.

There is only One Caste;
The Caste of Humanity.

There is only One Language;
The Language of the Heart.

There is only One God;
He is Omnipresent.