

**SAI RAM SISTERS AND BROTHERS OF
SRI SATHYA SAI BABA CENTRE OF CALGARY**

**SALUTATIONS AND HUMBLE PRANAMS AT THE
LOTUS FEET OF
BHAGAWAN SRI SATHYA SAI BABA**

***** NOTE - DAYLIGHT SAVING TIME CHANGE AND
WEEKLY ACTIVITIES TIME CHANGE *****

- 1. Sunday, March 12, 2017, 2:00:00 am clocks are turned forward 1 hour to 3:00:00 am**
- 2. SSE Classes start at 3:00 pm instead of 2:00 pm and Bhajans start at 4:30 pm instead of 3:55 (this week only) as Hindu Mandir is celebrating Holi until 3:00 pm.**

Schedule for March 12, 2017 & Venue:

Hindu Mandir Calgary
2225 24th Avenue N.E.
Calgary T2E 8M2
[\(403\) 291-2551](tel:4032912551)

Bal Vikas: 3:00 – 4:20pm

Parents please ensure your children are available at the Centre by 3:00PM so that the final practice session can start on time.

Bhajans: 4:30 – 5:30pm

Arathi and Concluding Prayers

Announcements:

- 1. Glimpses of Gita – Our Centre is pleased to welcome Dato Jagadeesan Jegasothy to give an inspirational talk on Glimpses of**

Gita, a guide to practical living. Uncle Jega has served in many posts in the Sathya Sai Baba Organization and was the First World Youth Coordinator for the International SSIO. This event is scheduled on Wednesday March 15th at 6:00 pm in Hindu Society of Calgary followed by prashads.

Please bring your family and friends. You can RSVP by clicking the link

<https://goo.gl/forms/K4YYLXOZ3aJ6qkAA2>

Please click this link if you would like to offer some prashads

https://docs.google.com/spreadsheets/d/1zkiZCOzFXupj9xgG4Yzl3L5VEC_4rkr4kvIQvWy15Bk/edit?usp=sharing

2. Food Bank Collection – Our Centre has started to collect items for the Calgary Food bank as there is a huge shortage of emergency items for children and adults. We kindly request the devotees to bring some non-perishable canned veggies, pasta, sauce, baby diapers, juice etc. We will setup a drop box to collect these items and will be dropped off at the Food bank regularly.

Upcoming Events:

Please mark your calendars for the following upcoming events at the Sri Sathya Sai Baba Centre of Calgary in 2017.

Date	Day	Festival
March 12	Sunday	Holi
March 29	Wednesday	Ugadi
April 5	Wednesday	Ramanavami
April 14	Friday	Tamil New Year Day
April 15	Saturday	Vishu
April 24	Monday	Sri Sathya Sai Aradhana Mahotsavam
May 6	Saturday	Easwaramma Day
May 10	Wednesday	Buddha Poonima
July 4	Tuesday	Ashadi Ekadasi
July 9	Sunday	Guru Poonima

August 15	Tuesday	Krishna Janmashthami
August 25	Friday	Ganesh Chaturthi
September 4	Monday	Onam
September 30	Saturday	Vijay Dasami (Dasera)
October 19	Thursday	Deepavali (Diwali)
November 11, 12	Saturday, Sunday	Global Akhanda Bhajans
November 19	Sunday	Ladies Day
November 22	Wednesday	Convocation of SSSIHL
November 23	Thursday	Bhagawan's Birthday
December 25	Monday	Christmas

What is the secret formula to live in peace at all times? Bhagawan lovingly shares with us a precious tip today!

The mind is the wind that brings to us the smell – foul or fragrant from the world. When the mind turns towards foul, it makes you disgusted. When it turns towards the fragrant, you become happy. The wind gathers the cloud from four quarters; similarly your mind brings into your consciousness many disappointments. It is also the same mind of yours, which scatters away the clouds that darken it or make it feel lost in the night of doubt. Control the mind and you will remain unruffled at all times. This is the secret to undisturbed peace – *Shanti*, and this is the education that all of you must first secure firmly. To gain this equanimity, you do not need high degrees, but systematic spiritual effort (*Sadhana*). Then you will be always happy, whether you are poor or rich, appreciated or criticised, prosperous or unlucky. That is an armour without which it is foolish to enter the arena of life.

- Divine Discourse, Dec 20, 1958.