

**SAI RAM SISTERS AND BROTHERS OF
SRI SATHYA SAI BABA CENTRE OF CALGARY**

**SALUTATIONS AND HUMBLE PRANAMS AT THE
LOTUS FEET OF
BHAGAWAN SRI SATHYA SAI BABA**

Schedule for March 19, 2017 & Venue:

Hindu Mandir Calgary
2225 24th Avenue N.E.
Calgary T2E 8M2
[\(403\) 291-2551](tel:4032912551)

Bal Vikas: 2:00 – 3:45pm

Parents please ensure your children are available at the Centre by 2:00PM so that the final practice session can start on time.

Bhajans: 3:55 – 5:00pm

Arathi and Concluding Prayers

Announcements:

1. Food Bank Collection – Our Centre has started to collect items for the Calgary Food bank as there is a huge shortage of emergency items for children and adults. We kindly request the devotees to bring some non-perishable canned veggies, pasta, sauce, baby diapers, juice etc. We will setup a drop box to collect these items and will be dropped off at the Food bank regularly.

Upcoming Events:

Please mark your calendars for the following upcoming events at the Sri Sathya Sai Baba Centre of Calgary in 2017.

Date	Day	Festival
March 28	Wednesday	Ugadi

April 5	Wednesday	Ramanavami
April 14	Friday	Tamil New Year Day
April 15	Saturday	Vishu
April 24	Monday	Sri Sathya Sai Aradhana Mahotsavam
May 6	Saturday	Easwaramma Day
May 10	Wednesday	Buddha Poonima
July 4	Tuesday	Ashadi Ekadasi
July 9	Sunday	Guru Poonima
August 15	Tuesday	Krishna Janmashtami
August 25	Friday	Ganesh Chaturthi
September 4	Monday	Onam
September 30	Saturday	Vijay Dasami (Dasera)
October 19	Thursday	Deepavali (Diwali)
November 11, 12	Saturday, Sunday	Global Akhanda Bhajans
November 19	Sunday	Ladies Day
November 22	Wednesday	Convocation of SSSIHL
November 23	Thursday	Bhagawan's Birthday
December 25	Monday	Christmas

Man is saved by *Vedanta*, which is like the roar of the lion; it gives courage and enterprise; it makes one a hero. It does not whine or howl or cry. It instils the highest types of self-confidence. It is the strongest armour against the arrows of fate, a waterproof against the hailstorms of sensual pleasure. It is a curtain keeping out the mosquitoes of worry, which would otherwise rob you of sleep. With a *Vedanta*-saturated heart, you are a rock on the shore, unaffected by the waves of temptation. *Vedanta* challenges your spirit of adventure, your own reality. Board the train of spiritual discipline now and you will reach the terminus which is *jnana* (absolute knowledge of you and of all this). In a train journey you do not get down in the middle when some station attracts you. So too, in the spiritual journey the stations are *karma* (action), *upasana* (contemplation), and so

on. You have to pass through them, but remember they are not the terminus. The terminus is Realisation.

- *Divine Discourse, Feb 3, 1964.*