

**SAI RAM SISTERS AND BROTHERS OF
SRI SATHYA SAI BABA CENTRE OF CALGARY**

**SALUTATIONS AND HUMBLE PRANAMS AT THE
LOTUS FEET OF**

BHAGAWAN SRI SATHYA SAI BABA

**OUR CENTRE WILL CELEBRATE SRI KRISHNA
JANMASHTAMI COMING SUNDAY. PLEASE JOIN US
WITH YOUR LOVED ONES TO GET OUR BHAGAWAN'S
BLESSINGS.**

**DEVOTEES CAN BRING PRASHADS THAT ARE EASY TO
SERVE**

Schedule for August 20, 2017 & Venue:

**Hindu Mandir Calgary
2225 24th Avenue N.E.
Calgary T2E 8M2
[\(403\) 291-2551](tel:4032912551)**

2:00 – 3:30pm – SSE Play Practice

2:30 – 3:30pm – Study Circle

**3:45 – Invocation prayers and Sri Krishna
ashtakam**

4:00 – Bhajans

Arathi and Concluding Prayers

Announcements:

1. Special House Bhajans on Saturday August 19th

Special house bhajans at Mr & Mrs. Deepnarayan Singh's residence

Date & Time:

Saturday August 19th

4:30 pm to 6:00 pm

followed by prashads

Venue:

50 Sierra Nevada Green Sw

T3H 3R1

phone: 403-249-9829

Please click the link to RSVP -

<https://goo.gl/forms/a8ibMPyhRgWgdpB22>

2. Edmonton Sai Spiritual Retreat – Sep 1st to 4th 2017

Sri Sathya Sai Baba Centre of Edmonton cordially invites you and your family to the Western Canada Sai Spiritual Retreat, September 1st to 4th 2017.

Please click the link below to register.

<https://goo.gl/forms/s7YBULKMTkTWqDiy1>

3. Food Bank Collection

Our Centre has started to collect items for the Calgary Food bank as there is a huge shortage of emergency items for children and adults. We kindly request the devotees to bring some non-perishable canned

veggies, pasta, sauce, baby diapers, juice etc. We will setup a drop box to collect these items and will be dropped off at the Food bank regularly.

4. Seva Activities for September to December 2017

Sri Sathya Sai Baba Centre of Calgary has been given an opportunity to cook one meal for the families every month at the Ronald McDonald House Charities (RMHC). RMHC helps families with a place to stay while their child is being treated at a nearby hospital.

You can learn more about them at their website

<http://www.rmhcsc.ca/what-we-do/southern-alberta/>

The Seva activity is called "Home for Dinner". The activity (brunch/dinner) is scheduled on every first Saturday of the month until December 2017. The interested devotees can sign up for the item that they like to cook and serve at the house. Please note that there is a limit of 8 to 10 volunteers for every visit.

Please click the link below to sign up

<https://docs.google.com/spreadsheets/d/1BmBeTBFjWvJSXmP6qBuTflf5YCS3UX9zk6JTtKY5OQ/edit#gid=0>

In Sai Seva,
Dr. Naga Mudigonda
Seva Coordinator

Upcoming Events:

Please mark your calendars for the following upcoming events at the Sri Sathya Sai Baba Centre of Calgary in 2017.

Date	Day	Festival
August 25	Friday	Ganesh Chaturthi
September 4	Monday	Onam
September 30	Saturday	Vijay Dasami (Dasera)
October 19	Thursday	Deepavali (Diwali)
November 11, 12	Saturday, Sunday	Global Akhanda Bhajans

November 19	Sunday	Ladies Day
November 22	Wednesday	Convocation of SSSIHL
November 23	Thursday	Bhagawan's Birthday
December 25	Monday	Christmas

The bee hovers around the lotus, then sits on it and enjoys the nectar; while drinking, it is silent, steadfast, focussed, and forgets the world. People too behave like that when they are in the presence of God. The hum of the bee stops and is silent as soon as it sips the nectar. People too, argue and assert their opinion, only until they discover the sweet Divine Essence (rasa). That rasa is prema-rasa (the essence of love). Where there is love, there can be no fear, no anxiety, no doubt, and no restlessness (ashanthy). When you are afflicted with ashanthy you can be sure that your love is tainted with selfishness and your love has some ego mixed in it. The one that experiences divine love is the inner 'I', which is the reflection of the real 'I', the Soul (Atma). Senses are your deadly foes. When your senses are out of action, then the 'I' will shine in its full glory.

- Divine Discourse, Feb 26, 1968.

