

**SAI RAM SISTERS AND BROTHERS OF  
SRI SATHYA SAI BABA CENTRE OF CALGARY**

**SALUTATIONS AND HUMBLE PRANAMS AT THE  
LOTUS FEET OF  
BHAGAWAN SRI SATHYA SAI BABA**

**THIS WEEK WE WILL CELEBRATE NAVARATRI AT THE  
CENTRE. DEVOTEES CAN BRING PRASHADS THAT ARE  
EASY TO SERVE.**

**Schedule for September 24, 2017 & Venue:**

Hindu Mandir Calgary  
2225 24<sup>th</sup> Avenue N.E.  
Calgary T2E 8M2  
[\(403\) 291-2551](tel:4032912551)

**Bal Vikas: 2:00 – 3:40pm**

Parents please ensure your children are available at the Centre by 2:00PM.

**Bhajan Practice: 3:15 – 3:45pm**

All lead singers are requested to attend the Bhajan practice.

**Bhajans: 3:50 – 5:00pm**

Invocation prayers and Bhajans

**Arathi and Concluding Prayers**

**Announcements:**

**1. BalVikas Registration**

Kindly request all Parents to register your child online by clicking the link below. Registration is free.

<https://goo.gl/forms/XjkGRPVGpra25Cr22>

## 2. Food Bank Collection

Our Centre has started to collect items for the Calgary Food bank as there is a huge shortage of emergency items for children and adults. We kindly request the devotees to bring some non-perishable canned veggies, pasta, sauce, baby diapers, juice etc. We will setup a drop box to collect these items and will be dropped off at the Food bank regularly.

## 3. Seva Activities for October to December 2017

Sri Sathya Sai Baba Centre of Calgary has been given an opportunity to cook one meal for the families every month at the Ronald McDonald House Charities (RMHC). RMHC helps families with a place to stay while their child is being treated at a nearby hospital.

You can learn more about them at their website  
<http://www.rmhcscsca.org/what-we-do/southern-alberta/>

The Seva activity is called "Home for Dinner". The activity (brunch/dinner) is scheduled on every first Saturday of the month until December 2017. The interested devotees can sign up for the item that they like to cook and serve at the house. Please note that there is a limit of 8 to 10 volunteers for every visit.

Please click the link below to sign up

<https://docs.google.com/spreadsheets/d/1BmBeTBFjWvJSXmP6qBu uTflf5YCS3UX9zk6JTtKY5OQ/edit#gid=0>

In Sai Seva,  
Dr. Naga Mudigonda  
Seva Coordinator

## Upcoming Events:

Please mark your calendars for the following upcoming events at the Sri Sathya Sai Baba Centre of Calgary in 2017.

Date	Day	Festival
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October 19	Thursday	Deepavali (Diwali)
November 11, 12	Saturday, Sunday	Global Akhanda Bhajans  We will celebrate on Saturday Nov 11 <sup>th</sup> between 6:00 am to 6:00 pm at Mr. & Mrs. Ramesh & Archana Nagarajan's residence.
November 19	Sunday	<a href="#">Ladies Day</a>
November 22	Wednesday	Convocation of SSSIHL
November 23	Thursday	<a href="#">Bhagawan's Birthday</a>  Our Centre will celebrate on Saturday November 25 <sup>th</sup> .
December 25	Monday	<a href="#">Christmas</a>

Amongst all forms of spiritual practices, devotion or *Bhakti* is the easiest and holiest. *Bhakti* is derived from the root 'Bha', with the suffix 'ti.' It denotes a feeling of friendship coupled with awe. For someone who is a product of the attributes or *gunas*, to understand what transcends the *gunas*, an attitude of humility and reverence is required. *Bhakti* calls for utilising the mind, speech and body to worship the Lord. It represents total love. Devotion and love are inseparable and interdependent. Sage Narada declared that worshipping the Lord with boundless love is *Bhakti*. Vyasa held that it is performing worship with love and adoration. Sage Garga declared that it is serving the Lord with purity of mind, speech and body. Yajnavalkya held that true *Bhakti* consists in controlling the mind, turning it inwards and enjoying the bliss of communion with the Divine. Although many sages have expressed different views about the nature of *Bhakti*, the basic characteristic of devotion is Love. *Bhakti* is the path to salvation.

– *Divine Discourse, Oct 8, 1986.*