

**SAI RAM SISTERS AND BROTHERS OF  
SRI SATHYA SAI BABA CENTRE OF CALGARY**

**SALUTATIONS AND HUMBLE PRANAMS AT THE  
LOTUS FEET OF**

**BHAGAWAN SRI SATHYA SAI BABA**

**Schedule for 25<sup>th</sup> September 2016 & Venue:**

Hindu Mandir Calgary  
2225 24<sup>th</sup> Avenue N.E.  
Calgary T2E 8M2  
[\(403\) 291-2551](tel:4032912551)

**Bal Vikas: 2:00 – 3:45pm**

Parents please ensure your children are available for the class before 2:00PM so that we could start punctually.

**Dynamic Parenting Workshops: 2:15 – 3:45pm**

Dynamic Value Parenting (DVP) workshop. Participants please bring the DVP course manual that was provided to you.

**Bhajans: 3:55 – 5:00pm**

**Arathi and Concluding Prayers**

**Announcements:**

**Seva Activity** – Our Centre will start to collect items for the Calgary Food bank as there is a huge shortage of emergency items for children and adults. We kindly request the devotees to bring some non-perishable canned veggies, pasta, sauce, baby diapers, juice etc. We will setup a drop box to collect these items and will be dropped off at the Food bank regularly.

## Upcoming Events:

Please mark your calendars for the following upcoming events at the Sri Sathya Sai Baba Centre of Calgary.

Event Name	Day and Date
<b>Dusshera celebrations</b>	Monday, October 3, 2016
<b>Akhanda Bhajans at Dr.Deepak Khosla's residence.</b>	Sunday, November 13, 2016
<b>Ladies Day Celebrations at the Hindu Mandir</b>	Sunday, November 20, 2016
<b>Swami's Birthday Celebrations will be held at the Bear Spaw Lifestyle Centre.</b>	Saturday, November 26, 2016

Those who respect us and our ideals, and those who have a concern for our well being are considered as our relations or friends. Those who hate us, and those who go contrary to our expectations, and those who cause pain and loss to us are regarded as enemies. On one occasion Kabir had said that we should keep the company of those who abuse us. The reason for this is that although we may commit several sins, the people who point out our sins are going to remove our sins by their abuse. It is in this context that we say that if someone ridicules us, then this will result in the removal of our sin. In reality, those people who help us to get rid of our sins are our friends. Those people who promote sins in us are our enemies. Thus, it is those who abuse and ridicule us who are to be considered as our friends as they remove our imperfections. The ideas that come up in our own mind are the cause for considering something as good or bad.

- Summer Roses on Blue Mountains 1976, Ch 12.