

**SAI RAM SISTERS AND BROTHERS OF  
SRI SATHYA SAI BABA CENTRE OF CALGARY**

**SALUTATIONS AND HUMBLE PRANAMS AT THE  
LOTUS FEET OF  
BHAGAWAN SRI SATHYA SAI BABA**

**Schedule for January 29, 2017 & Venue:**

**Hindu Mandir Calgary  
2225 24<sup>th</sup> Avenue N.E.  
Calgary T2E 8M2  
[\(403\) 291-2551](tel:4032912551)**

**Bal Vikas: 2:00 – 3:45pm**

Parents please ensure your children are available at the Centre by 2:00PM so that the final practice session can start on time.

**Dynamic Parenting Workshops: 2:15 – 3:45pm**

Dynamic Value Parenting (DVP) workshop. Participants please bring the DVP course manual that was provided to you.

**Bhajans: 3:55 – 5:00pm**

**Arathi and Concluding Prayers**

**Announcements:**

**1. Food Bank Collection** – Our Centre has started to collect items for the Calgary Food bank as there is a huge shortage of emergency items for children and adults. We kindly request the devotees to bring some non-perishable canned veggies, pasta, sauce, baby diapers, juice etc. We will setup a drop box to collect these items and will be dropped off at the Food bank regularly.

**Upcoming Events:**

Please mark your calendars for the following upcoming events at the Sri Sathya Sai Baba Centre of Calgary in 2017.

Date	Day	Festival
February 24	Friday	<a href="#">Mahasivarathri</a>
March 12	Sunday	Holi
March 28	Wednesday	Ugadi
April 5	Wednesday	Ramanavami
April 14	Friday	Tamil New Year Day
April 15	Saturday	Vishu
April 24	Monday	Sri Sathya Sai Aradhana Mahotsavam
May 6	Saturday	<a href="#">Easwaramma Day</a>
May 10	Wednesday	<a href="#">Buddha Poonima</a>
July 4	Tuesday	Ashadi Ekadasi
July 9	Sunday	<a href="#">Guru Poonima</a>
August 15	Tuesday	<a href="#">Krishna Janmashtami</a>
August 25	Friday	<a href="#">Ganesh Chaturthi</a>
September 4	Monday	Onam
September 30	Saturday	<a href="#">Vijay Dasami (Dasera)</a>
October 19	Thursday	Deepavali (Diwali)
November 11, 12	Saturday, Sunday	Global Akhanda Bhajans
November 19	Sunday	<a href="#">Ladies Day</a>
November 22	Wednesday	Convocation of SSSIHL
November 23	Thursday	<a href="#">Bhagawan's Birthday</a>
December 25	Monday	<a href="#">Christmas</a>

**What is the purpose of an incarnation? What is the connection between us and the Avatar? Bhagawan lovingly explains today.**

God incarnates to foster *sadhus* (noble or saintly ones), it is said. By *sadhus*, the scriptures do not mean the dwellers in Himalayan retreats; they mean the virtuous person who forms the inner reality of everyone of you, the outer appearance being but a mask which is worn to delude yourself into esteem. Everyone of you is a *sadhu*, for you are *prema swarupa*, *shanti swarupa* and *amrutha swarupa* (embodiment of love, peace and immortality). But by allowing the crust of ego to grow thick and fast, the real nature is tarnished. By the action of *satsang* (the company of the God-minded), by systematic attention to self-control and self-improvement, one can overcome the delusion that makes one identify with the body and its needs and cravings. *Yama* (God of death) can be countered by *samyama* or control of the senses. When man forgets this fact and starts living as a slave of the senses, God, out of His infinite mercy, comes and guides along the heavenly path into Himself.

- *Divine Discourse, Sep 7, 1966.*